



Seed of Change Expeditions

Walk on the Wild Side Trek Guide

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Tree Planting Treks – Karst Forest

Half-day Tree Planting trek – Karst Forest

These treks are ideal for guests who want to be introduced to the jungle. You will get an inspiring introduction to the flora and fauna of the jungle around the perimeter of the Gunung Leuser National Park.

On this trek you will walk through the Karst Forest and plant fruit trees in a pre-arranged area. The fruit trees are planted to encourage animals to stay within the forest and not venture into the villages.

For an additional cost, you can have the option of a raft trip back to Batu Katak

- Start time: 9:00am
- End time: 1:00pm
- Duration: 4 hours
- Children must be 7 years or older
- 2 guests minimum
- 5 guests maximum

Features of the Karst Forest Trek:

- Rivers
- Small caves
- Rock formations (Jungle Temple)
- Wildlife, e.g. orangutans, gibbons, snakes
- Native trees
- Animal markings
- Planting fruit trees
- You may also see the rare Tatum Arum Flower during your trek

We aim to stop for fruit refreshments around 11:15am. By 11:30am, we will be heading through the jungle back to Batu Katak. If you have chosen, the option to raft back to Batu Katak you will board the raft at this time. The guide will help you book this.

If you have booked a ride back to your accommodation at Bukit Lawang we will take you back once we've returned to Batu Katak.

Cost of Tree Planting Trek in Karst Forest: € 32

Cost of return transport to and from accommodation in Bukit Lawang € 10

Additional cost for a raft ride back to Batu Katak: € 10

You also have the option to do a half-day trek in the Karst forest without planting trees for €22

Full Day Tree Planting Trek – Karst Forest

Our full-day treks are perfect if you don't want to spend the night in the jungle but want to have a full day immersed in nature. These treks will provide you with an inspiring introduction to the flora and fauna of the jungle around the perimeter of the Gunung Leuser National Park.

On this trek you will walk through the Karst Forest and plant fruit trees in a pre-arranged area. The fruit trees are planted to encourage animals to stay within the forest and not venture into the villages.

You will also can check the camera traps and view the wildlife activities captured on these cameras. This trek allows you more time to be surrounded by nature.

You may be surprised to see what walks passed the cameras, we have had tigers, sun bears, chickens. This footage will give you a glimpse into the world of a local Sumatran ranger.

For an additional cost, you can have the option of a raft trip back to Batu Katak. Your guide will help you book this.

- Start time: 9:00am
- End time: 4:00pm
- Duration: 7 hours
- 2 guests minimum
- 5 guests maximum
- Children must be 7 years or older

We aim to stop for fruit refreshments around 11.00am and then for lunch at 12:30pm. You will get to experience traditional local cuisine prepared by the team.

At 3pm, we will head back to Batu Katak base. If you have chosen, the option to raft back to Batu Katak you will board the raft at this time.

On the journey back we will retrieve the memory cards from the camera traps and review these back at Batu Katak base.

Features of the Karst Forest Trek

- 2-hour trek in a water cave (raft there and back)
- Rock formations (Jungle Temple)
- Rivers
- Retrieving and viewing camera trap footage
- Wildlife, eg, orangutans, gibbons, snakes
- Native trees
- Planting fruit trees
- Animal markings
- You may also see the rare Tatum Arum Flower during your trek

Cost of Full-day Tree Planting Trek in Karst Forest: € 55

Cost of trek including pick up and drop off to Bukit Lawang: € 10

Additional cost for a raft ride back to Batak Katak: € 10

You also have the option to do a full-day trek in the Karst forest without planting trees for €40

Overnight Tree Planting Trek – Karst Forest

These treks are perfect if you want to experience the jungle by night and wake up to the natural alarm clock of nature. It will provide you with an inspiring journey through outstanding terrain. The overnight treks can take place in either Karst Forest or Gunung Leuser National Park.

On this overnight trek you will walk through the Karst Forest and plant fruit trees. The fruit trees are planted to encourage animals to stay within the forest and not venture into the villages. You will also have the opportunity to check the camera traps and view the wildlife activities captured on these cameras. You will stay overnight in tree tents and wake up to the sound of nature as the wildlife of the jungle begin their day.

- Start time: 9:00am - Day 1
- End time: 4:00pm - Day 2
- Duration: two days, one night
- 2 guests minimum
- 5 guests maximum
- Children must be 7 years or older

The night before your trek: Make sure your camera is charged and you have all your equipment ready for the morning.

DAY ONE

After planting the trees, we aim to stop for fruit refreshments around 11:00am and then lunch at 12:30pm. You will get to experience traditional Indonesian cuisine prepared by the team.

Around 4:00pm you will arrive at the camp. We will set up the tree tents for the night.

At sunset, the jungle comes alive with the sounds of wildlife. You can enjoy the beautiful view and relax as your guides prepare delicious Indonesian cuisine for dinner.

After dinner, you can relax and soak up the night.

DAY TWO

The jungle sounds will awaken you early as the Siamang Gibbons sing to each other across the trees.

At 9:00am we will start the day with a leisurely breakfast.

On our second day of trekking, you will get to see more of the jungle. You will venture to the water cave, have a swim and collect the footage from the camera traps to view back at the Batu Katak base. You will have the chance to see a lot of wildlife and get a glimpse of what Sumatran rangers do. There is also the option to stay and relax at the campsite.

We will stop for lunch at 12:00 noon for more Indonesian food and fresh fruits.

Around 2:00pm we will return to Batu Katak either by foot, or if you have chosen to raft, you will board the raft at this time.

Features of the Karst Forest Overnight Trek

- Rock formations (Jungle Temple)
- Rivers
- Water cave
- Retrieving and viewing camera trap footage
- Wildlife, eg, orangutans, gibbons, snakes
- Native trees
- Planting fruit trees
- Animal markings
- Experiencing the jungle by night
- You may also see the rare Tatum Arum Flower during your trek

Cost of overnight Tree-Planting Trek in Karst Forest: € 95

Cost of pick up and drop off from accommodation in Bukit Lawang € 10

You also have the option to do a half-day trek in the Karst forest without planting trees for €85

Treks in Gunung Leuser National Park

Half-day Trek – Gunung Leuser National Park

A trekking permit is needed for this trek

On this trek you will walk through the Gunung Leuser National Park and learn about the history of the park and wildlife that call this area home.

For an additional cost, you can have the option of a raft trip back to Batu Katak. The guide will help you book this.

- Start time: 9:00am
- End time: 1:00pm
- Duration: 4 hours
- 2 guest minimum
- 5 guest maximum
- Children must be 7 years or older

Features of the Gunung Leuser National Park Trek:

- Rivers
- Wildlife, eg, orangutans, gibbons, snakes
- Native trees
- Animal markings
- You may also see the rare Tatum Arum Flower during your trek

We aim to stop for fruit refreshments around 11:15am. By 11:30am, we will be heading through the jungle back to Batu Katak. If you have chosen, the option to raft back to Batu Katak you will board the raft at this time. Your guide will help you book this.

If you have booked a ride back to your accommodation at Bukit Lawang we will take you back once we've returned to Batu Katak.

Cost of Half-day Trek in Gunung Leuser National Park (including permit): € 40

Cost of return transport to and from accommodation in Bukit Lawang: € 10

Additional cost for a raft ride back to Batak Katak: € 10

For more information about these treks, or to book, contact us : 0062 81375653607

Jungle Permits

To walk through the Gunung Leuser National Park, you will need a permit, we will organise the permit and this is included in the cost of the trek.

Medical requirements and allergies

When you book a trek with SoCE we want to make sure that your needs are catered for and you enjoy a safe experience. Any guests that have any medical conditions will need to make SoCE aware when booking, the team will then be able to provide guidance. This will help us to make sure that your experience is memorable. If the guide thinks the risks are too high for a guest these will be discussed.

Special dietary requirements

We cater for all dietary requirements. When booking your trek please let us know the specifics of your dietary requirements in advance so we can cater to your requirements.

Full-day Trek - Gunung Leuser National Park

A trekking permit is needed for this trek.

On this trek you will walk through the Gunung Leuser National Park and learn about the history of the park and wildlife that call this area home.

For an additional cost, you can have the option of a raft trip back to Batu Katak.

- Start time: 9:00am
- End time: 4:00pm
- Duration: 7 hours
- 2 guests minimum
- 5 guests maximum
- Children must be 7 years or older

We aim to stop for fruit refreshments around 11.00am and then for lunch at 12:30pm. You will get to experience traditional local cuisine prepared by the team.

At 3pm, we will head back to Batu Katak base. If you have chosen, the option to raft back to Batu Katak you will board the raft at this time.

Features of the Gunung Leuser National Park Trek:

- Rivers
- Wildlife, eg, orangutans, gibbons, snakes
- Native trees
- Animal markings
- You may also see the rare Tatum Arum Flower during your trek

Cost of Trek in the Gunung Leuser National Park (including permit): € 55

Cost of pick up and drop off to Bukit Lawang: € 10

Additional cost for a raft ride back to Batak Katak: € 10

For more information about these treks, or to book, contact us 0062 81375653607

Jungle Permits

To walk through the Gunung Leuser National Park, you will need a permit, we will organise the permit and this is included in the cost of the trek.

Overnight Trek - Gunung Leuser National Park

- Start time: 9:00am - Day 1
- End time: 4:00pm - Day 2
- Duration: two days, one night
- 2 guests minimum
- 5 guests maximum
- Children must be 7 years or older

The night before your trek: Make sure you have all your equipment ready to go for the morning and your camera is charged to capture all the wildlife you'll see on your trek.

DAY ONE

We aim to stop for fruit refreshments around 11:00am and then lunch at 12:30pm. You will get to experience traditional local cuisine prepared by the team. There will be an opportunity to swim in the river.

Around 4:00pm you will arrive at the camp. We will set up the tree tents for the night.

At sunset, the jungle comes alive with the sounds of wildlife. You can enjoy the beautiful view, have a swim or relax as your guides prepare delicious local cuisine for dinner.

After dinner, you can relax and soak up the night.

DAY TWO

The jungle sounds will awaken you early as the Siamang Gibbons sing to each other across the trees.

At 9:00am we will start the day with a leisurely breakfast.

On our second day of trekking, you will get to see more of the jungle and wildlife as they go about their daily activities. This will give you an opportunity to get a glimpse of what Sumatra rangers do. There is also the option to stay and relax at the campsite.

We will stop for lunch at 12:00 noon for more Indonesian food and fresh fruits.

Around 2:00pm we will return to Batu Katak either by foot, or if you have chosen to raft, you will board the raft at this time.

Features of the Gunung Leuser National Park Overnight Trek:

- Rivers
- Wildlife, eg, orangutans, gibbons, snakes
- Native trees
- Animal markings

- You may also see the rare Tatum Arum Flower during your trek

If you are interested in this trek, please contact us via email:
seendofchangeexpeditions@gmail.com

Cost of overnight Trek in Gunung Leuser National Park (including permit): € 85

Cost of pick up from accommodation in Bukit Lawang: \$10

Jungle Permits

To walk through the Gunung Leuser National Park, you will need a permit, we will organise the permit and this is included in the cost of the trek.

Build your own trek

Work with our SoCE team to design your own unique trek. Choose from a range of activities in either Karst Forest or Gunung Leuser National Park.

All treks will finish with a campfire to celebrate. Ruddy will bring his guitar and invite you to share stories while you eat delicious food under the stars.

Local Cuisine Cookery Experience

Nothing defines a culture better than its food which can leave lasting memories long after your trek is over.

For this activity, our guides will introduce you to one of our local families who will teach you how to cook traditional Indonesian cuisine. We will supply the ingredients and the family will teach you to cook the meal from scratch and you will then enjoy this meal together with the family. If you have any food requirements, please let us know when you book this activity.

Cost: € 35

Jungle Medicine

Traditional medicines have been used by these communities for hundreds of years. *Kuning Mentar* is used to treat a fever. *Sembur* is used for headaches and coughs.

In this activity you will experience how local people from the village make traditional medicine using plants found in the jungle. You will learn about how villagers work in harmony with the forest to support the well-being of their communities.

Cost: € 35



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